



skilltec  
training

# Health & Safety Course Brochure



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*Helping companies maximise  
the potential of their people*





## Essential Health & Safety Training for Employees

Course Title	Training Course Overview	Net Price
<b>HSCSH-HD COSHH Awareness</b> (3 Hours)	This course covers the biological and chemical agents commonly found in each industry, legal requirements, Workplace Exposure Limits, and practical solutions including dynamic risk assessments, protective equipment, and steps to take when there is a spillage or exposure. Equipping employees with the knowledge to prevent long-term health issues and protect themselves.  <a href="#">Read the full Course Outline here.</a>	<b>£145</b>
<b>HSFSA-HD Fire Safety Awareness</b> (3 Hours)	This course will help employees understand how their actions contribute to fire safety in the workplace. The topics covered in the course include common causes of fire, the safe use of firefighting equipment, and actions to take when a fire is discovered. We will also introduce employer and employee responsibilities under the Regulatory Reform (Fire Safety) Order 2005.  <a href="#">Read the full Course Outline here.</a>	<b>£145</b>
<b>HSMHW-HD Manual Handling at Work</b> (3 Hours)	This course teaches employees to carry out manual handling activities safely and in accordance with HSE guidelines. It identifies how injuries can happen when moving or handling, introduces appropriate systems of work, and provides practical advice on working safely with equipment and handling aids. Topics are supported with real life scenarios and learning is measured through a short assessment at the end of the course.  <a href="#">Read the full Course Outline here.</a>	<b>£145</b>
<b>HSWVA-HD Workplace Violence Awareness</b> (3 Hours)	This course teaches employees about the types of workplace aggression, the situations and personal characteristics that can lead to conflict, and effective actions to take when involved in a conflict situation. Topics covered include active listening, assertive communication, and de-escalation strategies. You'll receive valuable feedback from our experienced trainers, giving you the skills and confidence to manage challenging situations at work.  <a href="#">Read the full Course Outline here.</a>	<b>£145</b>



## Health & Safety Training for Managers

Course Title	Training Course Overview	Net Price
<b>HSIAW Investigating Accidents in the Workplace</b> (1 Day)	<p>This course encourages managers to adopt a structured approach to their accident investigations using established investigative techniques and frameworks. Learning points are reinforced throughout the day with practical training exercises and scenarios.</p> <p><a href="#">Read the full Course Outline here.</a></p>	<b>£235</b>
<b>HSSMF Safety Management Fundamentals</b> (1 Day)	<p>This course introduces managers to the principles of effective safety management. Throughout the course we will discuss the legislation underpinning these principles and explore models and techniques that enable a systematic approach to safety.</p> <p><a href="#">Read the full Course Outline here.</a></p>	<b>£235</b>
<b>HSWRA Writing Risk Assessments</b> (1 Day)	<p>This workshop provides a detailed understanding of best practice when producing risk assessments and encourages managers to develop their assessment skillset through a series of activities and real-life scenarios.</p> <p><a href="#">Read the full Course Outline here.</a></p>	<b>£235</b>
<b>HSMWV Managing Workplace Violence</b> (1 Day)	<p>This course teaches managers how to create a safe and secure work environment, protecting both your employees and your organisation from harm. Topics covered include environmental, operational, and personal risk factors and practical techniques to coach your team and de-escalate conflict situations.</p> <p><a href="#">Read the full Course Outline here.</a></p>	<b>£235</b>